



LEARN **MORE**

STUDENT ACTIVITY

What's your learning style? Take the quiz to find out. Then, apply what you know about yourself to your current study habits and to the classes you'll take in high school or college.

# LEARN YOUR WAY!

## Quiz me!

1. I understand news better in a newspaper than on the radio.
2. I prefer to use hands-on models or practice activities in class.
3. I need explanations of diagrams, graphs or visual directions.
4. I enjoy working with my hands or making things.
5. I can tell if sounds match when presented with pairs of sounds.
6. I remember best by writing things down several times.
7. I prefer information to be written on the chalkboard.
8. I follow spoken directions better than written ones.
9. I remember things best by picturing them in my head.

Never

Sometimes

Always

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## My style is...

Give yourself points for each answer. **Never** = 0 points, **Sometimes** = 3 points, **Always** = 5 points.

### VISUAL

Question	Points
1	_____
7	_____
9	_____
<b>TOTAL:</b>	_____

**TIP:** Visual learners learn best when they can see graphs, diagrams or the written word. Take good notes when your teacher is talking without visual aids.

### AUDITORY

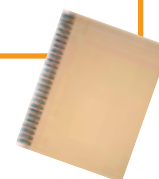
Question	Points
3	_____
5	_____
8	_____
<b>TOTAL:</b>	_____

**TIP:** Auditory learners learn best by hearing. Reading aloud may help you study. Sit at the front of the class and pay attention.

### TACTILE

Question	Points
2	_____
4	_____
6	_____
<b>TOTAL:</b>	_____

**TIP:** Tactile learners learn best by imitation or practice. Making models or drawings of concepts might help, or try writing things down several times.



## Using my learning style

Strategies that I will use now to help me study better include: \_\_\_\_\_

In high school and college, I will enroll in these classes that match my learning style: (Hint: tactile learners may enjoy lab or art. Auditory learners may like traditional lectures. Visual learners might like math or computer graphics.)

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